



YOGA/ ZUMBA INSTRUCTOR

We are looking for a professional and energetic Yoga/Zumba Instructor to be based at a resort. The position is responsible for planning and conducting engaging wellness and fitness sessions for resort guests, promoting relaxation, physical activity, and an enjoyable guest experience. The successful candidate should be confident in leading group classes and able to adapt sessions to guests of different fitness levels.

- **Qualification & Experience:**

- o Male/Female
- o Certification or formal training in Yoga, Zumba, Fitness, Exercise Science, Sports, or a related field.
- o Minimum 2 – 3 years of relevant experience as a Yoga Instructor, Zumba Instructor, Fitness Instructor, or similar role; resort or hospitality experience is an advantage.
- o Strong knowledge of yoga practices, Zumba routines, stretching, warm-up and cool-down techniques, and general fitness principles.
- o Ability to conduct safe, engaging, and well-structured classes for guests with varying fitness levels and abilities.
- o Excellent communication, presentation, interpersonal, and guest-service skills.
- o Energetic, positive, friendly, and professional personality.
- o Good command of English; knowledge of additional languages is an advantage.
- o Ability to work flexible hours, including mornings, evenings, weekends, and public holidays.
- o Physically fit and capable of demonstrating and participating in exercise routines.

- **Duties & Responsibilities:**

- o Plan and conduct daily or scheduled Yoga and Zumba classes for resort guests.
- o Develop engaging and varied exercise sessions suitable for beginners, intermediate participants, and different age groups.
- o Lead guests through appropriate warm-up, exercise, stretching, and cool-down routines.
- o Demonstrate correct techniques and provide clear instructions throughout each session.
- o Ensure all classes are conducted safely and in accordance with appropriate fitness and wellness practices.
- o Monitor participants during sessions and modify exercises where necessary based on individual fitness levels or limitations.
- o Maintain a welcoming, energetic, and professional atmosphere during all classes.
- o Promote resort wellness and fitness activities to guests and encourage participation.
- o Coordinate with the resort management and relevant departments regarding class schedules, venues, equipment, and guest activities.
- o Inspect and ensure that exercise areas and equipment are clean, safe, and properly arranged before and after each session.
- o Provide private or customized Yoga/Zumba sessions for guests when requested and approved by management.
- o Assist in organizing special wellness programs, fitness events, themed activities, and guest engagement programs.
- o Maintain attendance records or activity reports where required by management.
- o Respond professionally to guest questions, feedback, and requests and report any concerns to the appropriate supervisor.
- o Ensure professional conduct, personal grooming, punctuality, and compliance with resort policies and procedures.
- o Perform other related duties and responsibilities as may be assigned by management.

Interested candidates may send CV, attested certificates and police report to careers@aaa.com.mv

Only shortlisted candidates will be notified